**Social Identities Life Map Instructions**

Goal: To create awareness of privilege or lack of privilege based on social identities and the obstacles that may arise from them.

Directions: Choose two of the social identities listed below that you identify with the most to chart your life map using the template given. Think back through your life to moments related to those social identities that have impacted you positively or negatively. There are sample life maps to give you an idea of what to think about. It could be something as small as a movie that changed your perspective or something someone said to you in passing; or something as significant as deciding to change your faith or discovering that you have depression. Mark these moments on your life map with a brief title or description and then connect the dots to see how your social identities have progressed through the course of your life. Choose three moments from each of the social identities that you have chosen to write about in detail. Think about why you chose to mark these moments and how they impacted you.

Next week in class, you and a partner of your choice will discuss how your social identities have created or guided certain pathways in your life. Each of you will discuss how your social identities progressed and if people have viewed you differently or discriminatorily because of your social identities. Think about how your life may have been different if you had a different social identity.

Examples of categories of social identity:

 Gender

 Sexuality

 Religion/Beliefs

 Disability (Physical or Mental)

 Race

 Age

 Ethnicity

 Class